

ANNEX C

S/N	Participants who have obtained these certifications	COURSE REQUIREMENTS AND EXEMPTIONS													
		SG-COACH THEORY L1			FOUNDATIONAL SPORT SCIENCE			SUBMISSIONS			SAFE SPORT		TECHNICAL		
		E-Modules	Exam*	F2F Sessions	E-Modules	Exam*	F2F Sessions	Coaching Philosophy	RAMs (Sport Specific)	Session plan with GFL Framework	E-Module	Test*	Competency Assessment	Test*, if any (NSA Dependent)	F2F Sessions
1	SG-Coach Theory L1 (before Apr 2021)	Optional 6 CCE hours for completion of e-modules	X	√ For Modules 4, 10 & 11	√	√	√	√	√	√	√	√	√	√	
2	NCAP Theory L1 (before 2015)	√	X	√ For Modules 4, 10 & 11	√	X	√	√	√	√	√	√	√	√	
3	Values & Principles in Sport (before Jan 2021) National Standards for Youth (NSYS) for Coaching in Singapore Schools Building Capacity of Coaches and Instructors (BCCI)	√ *Participants are encouraged to complete Module 1 to recap knowledge 1 CCE hour for completion	√	√ Except Module 1	√	√	√	√	√	√	√	√	√	√	
4	Values & Principles in Sport (from Jan 2021)* *Please take note that participants with VPS from Jan 2021 would have done the following: - Completed a 3 hour GFL Practical Session - Submitted their coaching philosophy - Submitted GFL Sport Specific Session Plan However, as this is a full integration programme, participants are required to attend practical sessions and submit their session plan since it is integrated with the technical skills + practical competency assessment component.	√ Except Module 1	√	√ Except Module 1	√	√	√	√	√	√	√	√	√	√	
5	Basic Sport Science [BSS]	√	√	√	Optional 7 CCE hours for completion of e-Modules	X	√ Especially where the modules are dependent on integrated technical content (Module 5, 6 & 7)	√	√	√	√	√	√	√	
6	Direct Waiver for the Foundational Sport Science (FSS) & Intermediate Sport Science (ISS) courses is given to those who have graduated from the following local courses. For other certifications, the coach can apply through CoachSG for waiver from FSS & ISS. Nanyang Technological University Degree in Sport Science and Management National Institute of Education Diploma / Postgraduate Diploma / Degree in Physical Education Republic Polytechnic Specialist Diploma in Sports and Exercise Science Diploma in Sport and Exercise Science Diploma in Sports Coaching Part-Time Diploma in Sports (Coaching) Nanyang Polytechnic Diploma in Sport and Wellness Management	√	√	√	Optional 7 CCE hours for completion of e-modules	X	√ Especially where the modules are dependent on integrated technical content (Module 5, 6 & 7)	√	√	√	√	√	√	√	

* All exams and tests require an 80% passing percentage

* Participants who have both theory and sport science exemptions and have NROC Full Membership (coach/senior coach/master coach), will only be awarded a maximum of 10 CCE hours if they complete both e-learning

** NSA to also submit list of participants with the respective waivers/exemptions to CoachSG after course registration. Submission to include their relevant certifications and transcripts if it is from another educational institution

SG-COACH FULL INTEGRATION PROGRAMME MODULES CORRESPONDING WITH E-LEARNING MODULES

Module 1: Coaching Philosophy & Practices Module 2: Sports Development System Module 4: Safe Sport & Sport Safety Module 9: Theories of Coaching Module 10: The Coaching Process Module 11: Building a Positive Culture in Your Sport	SG-Coach Theory L1
Module 5: Anatomy & Physical Preparation Module 6: Biomechanics & Technical Skills Module 7: Sports Nutrition	Foundational Sport Science

*Module 3 & 8 require specific NSA content